# DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: BUS/OS/PM/BC/07/5/A

### **UNIT DESCRIPTION**

This unit specifies the competencies required to identify workplace hazards and risk, identify and implement appropriate control measures and implement OSH programs, procedures and policies/ guidelines

### ELEMENTS AND PERFORMANCE CRITERIA

ELEMENT	PERFORMANCE CRITERIA
These describe the key	These are assessable statements which specify the
outcomes which make up	required level of performance for each of the elements.
workplace function.	Bold and italicized terms are elaborated in the Range
1. Identify workplace	1.1 <i>Hazards</i> in the workplace are identified <i>based</i>
hazards and risk	their indicators
	1.2 Risks and hazards are evaluated based on legal requirements.
	1.3 <i>OSH concerns</i> raised by workers are addressed as
	per legal requirements.
2. Control OSH	2.1 Hazard prevention <i>and control measures</i> are
hazards	implemented as per legal requirement.
	2.2 Risk assessment is conducted and a risk matrix
	developed based on likely impact.
	2.3 Contingency measures, including emergency
	procedures during workplace incidents and
	emergencies are recognized and established in
	accordance with organization procedures.
3. Implement OSH	3.1 Company OSH program are identified, evaluated
programs	and reviewed based on legal requirements.
	3.2 Company OSH programs are implemented as per
	legal requirements.
	3.3 Workers are capacity built on OSH standards and
	procedures as per legal requirements
	3.4 <i>OSH-related records</i> are maintained as per legal
	requirements.

### **RANGE**

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
Hazards may include but are not limited to:	<ul> <li>Physical hazards</li> <li>Biological hazards</li> <li>Chemical hazards</li> <li>Ergonomics</li> <li>Psychological factors</li> <li>Physiological factors</li> <li>Safety hazards</li> <li>Unsafe workers' act</li> </ul>
2. Indicators may include but are no limited to:	<ul> <li>Increased of incidents of accidents, injuries</li> <li>Increased occurrence of sickness or health complaints/ symptoms</li> <li>Common complaints of workers related to OSH</li> <li>High absenteeism for work-related reasons</li> </ul>
3. Evaluation and/o work environmen measurements m include but are not limited to:	<ul> <li>Health Audit</li> <li>Safety Audit</li> <li>Work Safety and Health Evaluation</li> </ul>
4. OSH issues and/o concerns may include but are no limited to:	work hazards

5. Prevention and control measures may include but are not limited to:	<ul> <li>Eliminate the hazard</li> <li>Isolate the hazard</li> <li>Substitute the hazard with a safer alternative</li> <li>Use administrative controls to reduce the risk</li> <li>Use engineering controls to reduce the risk</li> <li>Use personal protective equipment</li> <li>Safety, Health and Work Environment Evaluation</li> <li>Periodic and/or special medical examinations of workers</li> </ul>
6. Safety gears /PPE (Personal Protective Equipment's) may include but are not limited to:	<ul> <li>Arm/Hand guard, gloves</li> <li>Eye protection (goggles, shield)</li> <li>Hearing protection (ear muffs, ear plugs)</li> <li>Hair Net/cap/bonnet</li> <li>Hard hat</li> <li>Face protection (mask, shield)</li> <li>Apron/Gown/coverall/jump suit</li> <li>Anti-static suits</li> <li>High-visibility reflective vest</li> </ul>
7. Appropriate risk controls	<ul> <li>Eliminate the hazard altogether</li> <li>Isolate the hazard from anyone who could be harmed</li> <li>Substitute the hazard with a safer alternative</li> <li>Use administrative controls to reduce the risk</li> <li>Use engineering controls to reduce the risk</li> <li>Use personal protective equipment</li> </ul>
8. Contingency measures may include but are not limited to:	<ul> <li>Evacuation</li> <li>Isolation</li> <li>Decontamination</li> <li>Emergency personnel</li> </ul>
9. Emergency procedures may include but are not limited to:	<ul> <li>Fire drill</li> <li>Earthquake drill</li> <li>Basic life support/CPR</li> <li>First aid</li> <li>Spillage control</li> <li>Decontamination of chemical and toxic</li> <li>Disaster preparedness/management</li> <li>Set of fire-extinguisher</li> </ul>

10. Incidents and	Chemical spills
emergencies may	<ul> <li>Equipment/vehicle accidents</li> </ul>
include but are not	<ul> <li>Explosion</li> </ul>
limited to:	• Fire
	Gas leak
	<ul> <li>Injury to personnel</li> </ul>
	<ul> <li>Structural collapse</li> </ul>
	<ul> <li>Toxic and/or flammable vapors emission.</li> </ul>
11. OSH-related	Medical/Health records
Records may	Incident/accident reports
include but are not	<ul> <li>Sickness notifications/sick leave application</li> </ul>
limited to:	<ul> <li>OSH-related trainings obtained</li> </ul>

## REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

## **Required Skills**

The individual needs to demonstrate the following skills:

- Communication
- Interpersonal
- Presentation
- Risk assessment
- Evaluation
- Critical thinking
- Problem solving
- Negotiation

## Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH Principles
- Occupational hazards/risks recognition
- OSH organizations providing services on OSH evaluation and/or work environment measurements (WEM)
- National OSH regulations; company OSH policies and protocols
- Systematic gathering of OSH issues and concerns
- General OSH principles
- National OSH regulations

- Company OSH and recording protocols, procedures and policies/guidelines
- Training and/or counseling methodologies and strategies

## **EVIDENCE GUIDE**

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1.	Critical	Assessment requires evidence that the candidate:
	Aspects of	1.1 Identified hazards in the workplace based their
	Competency	indicators
		1.2 Evaluated workplace hazards based on legal
		requirements.
		1.3 Addressed OSH concerns raised by workers as per
		legal requirements.
		1.4 Implemented hazard prevention and control measures
		as per legal requirement.
		1.5 Conducted risk assessment as per legal requirement.
		1.6 Developed risk matrix based on likely impact.
		1.7 Recognized and established contingency measures in
		accordance with organization procedures.
		1.8 Identified, evaluated and reviewed company OSH
		program based on legal requirements.
		1.9 Implemented company OSH programs as per legal
		requirements.
		1.10 Capacity built workers on OSH standards and
		procedures as per legal requirements
		1.11 Maintained OSH-related records as per legal
2	D	requirements.
2.	Resource	The following resources should be provided:
	Implications	2.1 Access to relevant workplace where assessment can
		take place 2.2 Appropriately simulated environment where
		assessment can take place
		-
3.	Methods of	Competency in this unit may be assessed through:
	Assessment	3.1 Observation
		3.2 Oral questioning
		3.3 Written test
		3.4 Portfolio of Evidence
		3.5 Interview
4	Contout	3.6 Third party report
4.	Context of	Competency may be assessed:

Assessment	4.1 On-the-job
	4.2 Off-the –job
	4.3 During Industrial attachment
5. Guidance	Holistic assessment with other units relevant to the industry
information	sector, workplace and job role is recommended.
for	
assessment	

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